



View & Do



Sesame Street Episode 4144

April 2008

Telly is going to his Triangle Lovers' meeting, and he's sure he'll be crowned "Triangle Lover of the Day." So, he invites Baby Bear along to share the moment. The meeting begins with the Triangle Lovers building a triangle, like they always do. Baby Bear asks if they ever thought about putting the triangle together in a different way. He shows everyone how the order doesn't matter at all—as long as it has three sides and three corners, a triangle is still a triangle. Then, when he hears the Triangle Lover's Anthem, Baby Bear suggests a new rhyme to end the song—and the Grand High Triangle Lover loves his idea! When Baby Bear hears the Triangle Lovers' Cheer, he can't help but think of a way to improve that, too. It's finally time to crown the Triangle Lover of the Day. The winner is... Baby Bear, not Telly. Telly is so upset! Baby Bear explains that he didn't mean to get crowned and that he understands how Telly feels. He helps his friend feel better by reminding him that he might wear the crown next time. Certainly nobody loves triangles more than Telly does!

Letter: J, Number: 13, Word: frustrated

Something New!



Everyone loves Baby Bear's suggestion for a new rhyme to end the Triangle Lover's Anthem. Try something similar at home and build **language skills**. First, explain that rhyming words have the same ending sound, like "sun" and "fun." Then, sing some of your child's favorite songs or nursery rhymes and think of new rhymes to end them (offer an example to get started).

Sensing Shapes



Help your child get a "feel" for **shapes**. Search your house for materials of varying textures, such as corduroy, velvet, and sandpaper. Next, help him cut different shapes from the materials, glue them onto small pieces of cardboard, and write the name of each shape underneath. Encourage your child to trace the outline of each shape with his fingers, talk about what he feels, and describe the shapes' attributes. Together, make up more games to play with your shape cards.

Constructing Numbers



Use building blocks to help your child develop **math skills** and practice counting to 13. Gather 13 blocks, then let her experiment. For example, "Let's build the tallest tower!" or "Let's construct a short, wide building." Build two towers with the same number of blocks; take 2 from one tower, how many are left? Now which tower is taller? How many different structures can she build with the same 13 blocks?

Let's Talk About It



Expand your child's understanding of **emotions** by helping him learn words to label and describe them. Start with the word of the day, "frustrated." Explain that frustrated is a feeling you have when something is not going your way. Then ask, "When have you felt frustrated?" Read *How Are You Peeling?* by Saxton Freymann and Joost Elffers.

Shape-up Snack



Provide tomato slices, crackers or sliced bread, and an assortment of lowfat cheeses cut into different **shapes**. Name the shapes as you assemble snacks (for instance, spread mustard on *square* whole-wheat bread, add cheese *triangles* or *rectangles*, and tomato *circles*). Serve with watermelon cubes!

The Workshop's mission to help all children reach their highest potential is made possible in part by the generous support of these partners.





View & Do



Dragon Tales Remember the Pillow Fort - 203

April 2008

It's time for pretend play in Dragon Land. Emmy and Cassie are doctors for a day, while Max and Ord declare themselves kings. The two monarchs march off in search of fort-building materials. Ord discovers a grove of colorful pillow trees—perfect! They pluck some cushions, then start building tunnels and ramparts. They're having a great time until Max decides the fort should be purple and Ord chooses red, which causes a fight between the friends. Doctors Emmy and Cassie get to work trying to mend hurt feelings, but Max and Ord are still mad. When Zak and Wheezie see what's going on, they make up a song about feelings and how it's sad to fight instead of play. Their song inspires Max and Ord to make up and work together. In the end, they build their fort using both of their favorite colors!

Dragon Tunes: Dance

Fort Fantastic



Make your own fort and strengthen your child's **cooperation skills** and **spatial awareness**. First, create a plan: Decide what materials to use (such as pillows or blankets), and where to build it. Have her draw a picture of how she wants the fort to look, and then work together to build it.

All Better Now



Play doctor like Emmy and Cassie and help your child learn different ways to **resolve conflicts**. Use dolls, stuffed animals, or puppets as patients, and take turns making up stories about why their feelings are hurt. Discuss how to help your patients feel better and prescribe treatment.

Cool Colors



Encourage **creativity** and build **small motor skills** by making a pencil holder covered in a tissue paper collage. Use a paintbrush to coat a small, clean container with glue. Next, cover it with flat pieces of different-colored tissue paper. Name the colors and notice how they change where the paper overlaps.

Sing It Loud!



Zak and Wheezie's song inspires Max and Ord to stop bickering. Develop **conflict resolution skills** and explore feelings with your child by recalling a time when he quarreled with a friend. How did he feel? What inspired them to stop arguing and start playing? Together, write a song to describe how good it feels to make up!

Dance Craze



Move your bodies in time to this Dragon Tune while enhancing **coordination skills**. Give yourself and your child plenty of space and play some music. Together, wave your arms high and low; shake your hips fast, then slow.

The Workshop's mission to help all children reach their highest potential is made possible in part by the generous support of these partners.





Shapes All Around

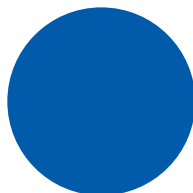
There are so many shapes inside Hooper's store! Which shape is a part of Elmo's healthy lunch? Circle the shapes you find in this picture. Say their names out loud.



Illustration by Tom Leigh



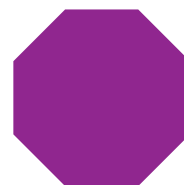
rectangle



circle



square



octagon



triangle

The Workshop's mission to help all children reach their highest potential is made possible in part by the generous support of these partners.

