



View & Do



sesameworkshop™



Issue 12

Your Monthly Viewing Guide

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Sesame Street 4154

Elmo knows his ABC's so well that he has been chosen to play "The Amazing Alphabet Race". In order to play, Elmo has to find all the letters of the alphabet. As he searches, Elmo discovers that there are letters all around him-on street signs, labels, books and more!

Recognizing the letters of the alphabet is an important step towards learning to read and write. When children see letters they know in books, signs and labels they begin to realize that letters make words. Winter is the perfect season to curl up together with a book and look for letters. Discover how many times the first letter in your child's name appears in her favorite book and read all the different words that this special letter is a part of. You might even want to write these words down and hang them up on your very own "word wall". And don't stop with books; look for letters on holiday cards, calendars, tags and labels.

You might also want to read:

A to Z Beastly Jamboree by Robert Bender

Don't forget to check us out online.

Go to: www.sesamestreet.com
www.pbskids.org/dragontales



The Workshop's mission to help all children reach their highest potential is made possible in part by the generous support of these partners.

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<p>4151 Today Elmo is thinking about games. Tip: Create a movement game together. On slips of paper write the first letter of different body parts (L for legs, F for foot...). Now put them in a hat and take turns choosing a letter. Name a body part that begins with the letter you picked and then...shake it all about! Letter and Number: K, 19</p>	<p>4159 The letter of the day is D. Tip: December begins with the letter D. Make a list of fun D activities that you can do throughout the month such as dancing, drawing and decorating. Then, have fun doing a D activity together! Letter and Number: D, 17</p>
<p>4152 Snuffy pretends to be Elmo's pet dinosaur. Tip: Together pick a dinosaur to learn more about. You might take a trip to the library or use the internet to gather information. Now have fun pretending to be that dinosaur. How would you move? What would you eat? Letter and Number: Q, 2</p>	<p>4089 TJ FRUIT SNACK SAMBA SONG Fruits are so healthy and delicious that TJ and his dog Bernie sing a song about them! Tip: Ask your child what her favorite fruits are. Together, think about ways to describe these fruits and sing a song about them. Letter and Number: O, 4</p>
<p>4153 The Word on the Street is "rhyme." Tip: Work together to create a poem that rhymes, then illustrate it. Can you create a poem about snow? Letter and Number: V, 6</p>	<p>4160 Oscar the grouch is the host of the Grouch News Network. Tip: At dinner time create your own Family News Network. Each person at the table can report on something exciting that they did during the day. Letter and Number: G, 9</p>
<p>4154 The number of the day is 4. Tip: Make up a four dance. Give four claps, four toe taps...take turns adding onto the dance. Now shout out "four" as you dance across the floor. Letter and Number: M, 4</p>	<p>4092 Big Bird and Snuffy are excited to go on their first hike. There's so much to see! Tip: Plan a short hike with your child. Help him notice and observe little things, such as the bark of a tree. Letter, Number: U, 8</p>
<p>4155 Abby sings a song called "I Love Words." Tip: What are your favorite words? Talk together about the words you love and then put them all together in a silly song. Try singing your word song to a familiar tune like "Row, Row, Row Your Boat". Letter and Number: H, 3</p>	<p>4135 Chris Brown and Elmo sing about the signs they see on the street. Tip: Take a walk down your street. Point out all the signs that you see and talk together about what they mean. Letter and Number: F/L, 8</p>
<p>4156 When Elmo has trouble bowling Chris helps him to practice his swing. Together they try and try again until Elmo can do it! Tip: Read <i>Yoko and Friends School Days: Practice Makes Perfect</i> by Rosemary Wells. Letter and Number: W, 9</p>	<p>4095 Gordon offers Big Bird and friends fun ideas for staying active when bad weather keeps them indoors. Tip: Make a list of indoor activities with your child, such as playing "Simon Says" or dancing; then choose one to do today! Letter and Number: Z, 14</p>
<p>4085 Jane Tuesday wants you to eat your colors! Today, that color is green, as in green beans. Tip: With your child, pick out and taste some fruits and vegetables that are green. Letter and Number: G, 6</p>	<p>4136 Some <i>Sesame Street</i> friends talk about exercise. Tip: Conduct an exercise interview with your child. Ask him to tell you all about his favorite ways to move his body. Now he can show them off and you can join in. Letter and Number: Y, 5</p>
<p>4157 Today Elmo is thinking about cameras! Tip: Have a pretend photo shoot together. One of you can pose for pictures pretending to be different animals or objects. The other can pretend to take a snap shot. Click! Letter and Number: Z, 10</p>	<p>4096 Global Grover: Mexico Grover's friend Saul teaches him how to make clay figures. Tip: Work together to make creations out of clay, mud, or wet sand. Letter and Number: B, 3</p>
<p>4087 Telly's "Monster on the Spot" report reveals that The Three Bears ran and jumped through the woods while waiting for their porridge to cool. Tip: The next time you and your child have to wait for something, such as dinnertime, take a walk! Encourage her to run, jump, and hop along the way. Letter and Number: E, 5</p>	<p>4137 The Word on the Street is "dog." Tip: Together, read <i>Sesame Subjects: Dogs</i> by Kama Einhorn. Every time you see the word "dog" wag your tail and give a little bark. Letter and Number: A, 11</p>
<p>4158 Elmo feels jealous when Gina has to take care of Marco during their checkers game. Tip: Talk together about a time when your child has felt jealous. How can he express these feelings in a positive way? Letter and Number: C, 16</p>	<p>4097 Telly has a great time caring for Rocco while Zoe is away taking swimming lessons. Tip: Plan a day of fun and games with your child and his favorite doll or stuffed animal. Letter and Number: H, 18</p>
<p>4088 "Leche" means "milk" in Spanish. Tip: Make a healthy shake with your child. Mix low-fat or skim milk, banana, strawberries, honey and ice cubes in a blender until smooth. Enjoy! Letter and Number: K, 12</p>	

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Family Tips

<p>218 So Long Solo Zak and Wheezie learn to compromise after they run into trouble practicing for the talent show. Tip: Discuss the meaning and the benefits of “compromise” with your child. Share a time when you compromised successfully and help her do the same.</p>	<p>307 Max Loves a Train Max learns that pretending to fly on an imaginary train with friends can be almost as much fun as the real thing. Tip: Form an imaginary flying train with your child. “Fly” around in different rooms while making a train sounds.</p>
<p>219 Sneezzy Does It When the Whistling Wind gets a cold, the dragons and children find out what they can do to help. Tip: With your child, discuss what she should do if she gets a cold.</p>	<p>308 A New Friend The gang is ready to follow Lorca’s treasure map, knowing it will take teamwork to overcome the obstacles they’ll meet. Tip: Help your child clean her room. Comment on how teamwork made the job manageable.</p>
<p>220 Give Zak a Hand After hurting his wrist, Zak thinks he can’t participate in any games. Then his friends show him some imaginative options. Tip: Take turns with this challenge: Walk around with a bean bag or stuffed animal balanced on different body parts: head, hand, shoulder.</p>	<p>309 Finn’s Blankie A laundry mix-up has the gang searching for Cassie’s brother’s blanket. Tip: Read <i>Flora’s Blanket</i> by Debi Gliori.</p>
<p>217 Hide and Can’t Seek Ord tries out some new seeking strategies in a game of Hide and Seek. Tip: Play a game of Hide and Seek with your child using some of the strategies that Ord used to find his friends.</p>	<p>328 Make No Mistake At first, Max was excited about landing the lead role in the school play, but then he becomes nervous and fearful! Tip: Ask, “What changed Max’s attitude?” “How have you coped with making mistakes?” “What would you say to encourage Max?”</p>
<p>218 Hands Together When Ord has trouble learning a new dance; his friends encourage him to do the dance at his own pace. Tip: Read <i>The Chick and the Duckling</i> by Mirra Ginsburg.</p>	<p>211 I Believe in Me The children and dragons help Cassie overcome her fears of performing. Tip: Read <i>Amazing Grace</i> by Mary Hoffman.</p>
<p>219 Sneezzy Does It When the Big Whistling Wind gets sick, the children and dragons go to Dr. Booboogone for a cure. Tip: With your child, discuss ways she can take care of herself to stay healthy and what she can do when she gets a cold.</p>	<p>212 Dragon Tune "Cassie" This tune is a tribute to Cassie – a dragon who knows her way around all the places in Dragon Land. Tip: Help your child create a song about himself.</p>
<p>220 Give Zak A Hand Zak has hurt his wrist, and now has a fear that he will bump his wrist again. Tip: Read <i>Margaret and Margarita</i> by Lynn Reiser.</p>	<p>313 Dragon Tune: When You Make a New Friend The <i>Dragon Tales</i> friends know what a joy it is to make a new friend. Tip: Ask your child to think of some ways he can make a new friend. Then encourage him to try out his ideas.</p>
<p>307 Dragon Tune “Ord Shuffle” Get ready to dance, shuffle and sing along with big, lovable and not-so-brave Ord. Tip: Ask your child to draw a picture of Ord doing something he enjoys, like eating, flying or playing with Max and Emmy.</p>	<p>314 Teasing is Not Pleasing When Emmy is teased, her feelings are hurt until she realizes what the teasers are saying is not true. Tip: Talk to your child about strategies for coping with teasing.</p>
<p>308 El Dia del Maestro Cassie has to learn to speak up and take charge when the friends make <i>chalupas</i> to surprise Quetzal. Tip: Give your child a task to be in charge of, such as organizing a board game event for the family after dinner one night.</p>	<p>211 I Believe in Me When Cassie expresses her fear of trying out for the school play, her friends encourage her to believe in herself. Tip: Help your child make an “I Believe in Me!” collage using photos of herself, construction paper, markers, and pictures from magazines.</p>
<p>309 Let’s Dance Wheezie struggles to be patient when Greta the Gremlin leaves her with three magical boxes. Tip: Ask your child “What did you learn from Wheezie?”</p>	<p>212 Dragon Scouts Cassie leaves Emmy alone at a Dragon Scouts meeting where she must learn to make new friends. Tip: Ask, “How would you feel if you were in a similar situation? How might you approach other children and begin to make friends?”</p>
<p>328 Dragon Tunes: Flip Flop This song explains that people can have different points of view. Tip: Take turns with your child sharing your interests, likes, and dislikes; notice the similarities and differences in your points of view. Assure him that the differences are natural and make you each unique and special.</p>	