



View & Do



sesameworkshop™



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Your Monthly Viewing Guide

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Sesame Street #4067 Elmo Makes a Band

Elmo, Zoe, Rosita, and Grover are all members of a *Sesame Street* singing group called "The Cute and Fuzzy Four!" Unfortunately, other commitments get in the way and one by one, each member of the group takes off, leaving Elmo all alone! Just then, Miles, Gordon and Gordon's father, Mr. Robinson walk by. Elmo explains his problem and before long, they discover that they **all** love music! The next thing you know, they're playing together in a multi-generation band and performing for a crowd at Hooper's Store!

Learning about and playing music can promote children's early learning and social skills. You can incorporate music into your child's life in many ways. Dance, clap your hands or sing along to music on the radio. Invite siblings, grandparents and other relatives to play in a family band! Gather everyone together to listen to and talk about the different kinds of music each person enjoys. Ask family members who play an instrument to share their talents. Make simple instruments for everyone else: Clang together metal or wooden spoons to keep rhythm, bang on an overturned bucket drum, and toot through a decorated empty paper towel tube; shake dry pasta or dry beans taped inside an empty container. Think of a jazzy name for yourselves then make beautiful music together in your own family band!

You might also want to read:

Thump, Thump, Rat-a-tat-tat by Gene Baer

Don't forget to check us out online.

Go to: www.sesamestreet.com
www.pbskids.org/dragontales
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The Workshop's mission to help all children reach their highest potential is made possible in part by the generous support of these partners.

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<p>4058 Journey to Ernie: Circus Ernie searches for Big Bird with the clue: "Big Bird is tall in something small." Tip: Have fun with your child searching for and comparing the sizes of different objects found in your house, such as a small shoe on a big bed. Letter and Number: B, 8</p>	<p>4072 Gabi sings with Elmo, plays with Snuffy, and acts grouchy with Oscar—all on her way to help out Alan! Tip: Let your child help you with tasks, such as sweeping the floor. Sing a song together to add some fun to the work! Letter and Number: P, 15</p>
<p>4059 Baby Bear is excited when Curly Bear tries porridge for the first time but becomes upset when he finds she doesn't like it! Tip: Make porridge (oatmeal) for your child. Let her spread fresh fruit topping and cinnamon on top for a tasty and nutritious treat! Letter and Number: N, 3</p>	<p>4073 Baby Bear patiently teaches Curly how to draw with crayons; he even encourages her to scribble! Tip: Offer your child paper and crayons. Then take turns calling out and following drawing instructions, such as, "draw softly!" and "scribble like crazy!" Letter and Number: Q, 16</p>
<p>4060 Baby Bear and Big Bird are anxious about Alan's replacement, but discover that Natalie can handle the job. Tip: Ask, "If you were filling in for Alan what would you say and do so everyone on <i>Sesame Street</i> felt that you could do the job?" Letter and Number: D, 17</p>	<p>4074 Elmo's World: Mail Elmo learns that letters can be sent anywhere—to someone next door or far away. Tip: Together, mail a letter your child has written. Help your child address the envelope, put a stamp on it, and drop it in a mail box. Letter and Number: R, 18</p>
<p>4061 Zoe and Baby Bear help the Fairy Godmother realize that it's okay to make mistakes. Tip: Help your child write and illustrate a story about mistakes and trying again. For example, "I practiced pouring cereal into a bowl and now I don't spill at all!" Letter and Number: E, 5</p>	<p>4076 To make his growl louder Baby Bear practices saying words that begin with the letter "G." Tip: While shopping at the grocery store with your child, search for words and products that begin with the letter "G" and say them aloud. Letter and Number: G, 20</p>
<p>4062 Elmo turns his "Little Furry Red Monster Parade" into an "Anybody Who Loves to March in a Parade" Parade! Tip: Ask, "Why do you think Elmo changed his mind?" Then parade around the house with your child and some stuffed animals he's invited along! Letter and Number: F, 6</p>	<p>4077 Global Grover: Brick Making in Central America Grover returns from Nicaragua where he saw people making bricks by mixing ingredients with their hands and feet! Tip: Let your child knead play dough ingredients with his hands: Two cups flour, one cup salt, and one cup water. Then play and create! Letter and Number: U, 3</p>
<p>4064 Elmo struggles to learn Rocco's challenging dance—but he never stops trying! Tip: Ask your child what she would say to encourage Elmo. Help her write her advice on a piece of paper and read it for inspiration when she next faces a challenge. Letter and Number: A, 1</p>	<p>4078 Oscar helps Curly Bear fall asleep by making grouchy noises from jackhammers, tap dancing goats, and drums! Tip: Ask, "Could you sleep with all that noise? What <i>would</i> help you sleep?" Use one of those suggestions to lull your child to sleep tonight! Letter and Number: V, 8</p>
<p>4065 Mr. Square helps Elmo and Zoe get ready to play the "Square Game" by showing them what a square looks like. Tip: Have your child draw different shapes and use words to describe what they look like. Together, search for those shapes in your home. Letter and Number: I, 7</p>	<p>4080 The number of the day is "5"! Tip: Help your child trace one of her hands onto a piece of paper and have her color it in. Count each finger together while she numbers them from 1 to 5. Letter and Number: X, 2</p>
<p>4066 Global Grover: Polish Scarecrows Grover has schlepped back from Poland where people make scarecrows to stop crows from eating their crops. Tip: Read <i>The Little Scarecrow Boy</i> by Margaret Wise Brown. Letter and Number: J, 9</p>	<p>4081 Everyone sings a song for Rosita emphasizing the special differences that make up the beauty of <i>Sesame Street</i>! Tip: Sing a song with your child that celebrates your differences, such as, "Your hair is brown and beautiful, and my hair is black and lovely." Letter and Number: Y, 7</p>
<p>4067 Spanish Word of the Day: No/Sí "No" and "sí" mean "no" and "yes" in Spanish. Tip: Take turns with your child making up questions with "yes" or "no" answers, and use "sí" or "no" to respond. For example, "Is it sunny outside?" and "Do you like spaghetti?" Letter and Number: K, 4</p>	<p>4082 Big Bad Wolf can't control his angry huffing and puffing, so his friends sing him a song, "You Can't Win 'Em All". Tip: Have your child describe a time when he felt angry. Together, discuss things he can do to express his anger appropriately, such as pounding clay. Letter and Number: Z, 11</p>
<p>4068 Telly takes a tumble off his pogo-stick and worries about getting back on again. Tip: Talk with your child about Telly's feelings and his friends' attempts to comfort him. How would she encourage him to try again? Letter and Number: L, 11</p>	
<p>4071 At Super Grover's School for Super Heroes, the students learn how to be super heroes and pick superhero names for themselves! Tip: Have your child choose her own super hero name then perform a super hero deed, such as setting the table. Letter and Number: H, 13</p>	

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Family Tips

<p>325 Musical Scales Zak and Wheezie practice singing a song in Spanish and English. Tip: Help your child learn how to say "Happy Birthday" in Spanish: "Félicz Cumpleaños." Then sing the "Happy Birthday Song" together replacing the English phrase with the Spanish.</p>	<p>107 The Big Sleepover Cassie has fun at Zak and Wheezie's sleepover, but she still misses her parents. Tip: Have your child draw a picture of herself at a sleepover with things she would take to help her feel comfortable. Together, talk about her picture.</p>
<p>326 Dragon Tunes: C'mon and Blow Learn how to blow with this tune: Put your lips together, fill your cheeks with air then let out a big blow! Tip: Drip some paint onto a piece of paper, then have your child blow through a straw to make an interesting painting.</p>	<p>108 Talent Pool Tonight is the big Dragon School talent show and all the dragons are practicing their acts. Tip: Put on your own talent show for friends and family to display you and your child's special talents.</p>
<p>327 Cassie, the Green-eyed Dragon Cassie becomes jealous of the attention her little brother, Finn, is getting from her classmates. She feels a bit better when Quetzal assures her that her feelings are normal. Tip: Read <i>Noisy Nora</i> by Rosemary Wells.</p>	<p>109 Emmy's Dreamhouse Emmy and Max ask the dragons to help them build a fabulous tree house but Emmy's selfish behavior frustrates everyone. Tip: Have your child draw a picture of his perfect tree house. Ask him how he would cooperate with his friends and build it together.</p>
<p>328 Super Snow Day Enrique's friends help him overcome his fear of sledding by taking it slow and starting with small hills. Tip: Have your child choose an activity she'd like to try. Decide on small steps she can take to prepare herself. Then help her get started!</p>	<p>110 Eggs Over Easy Cassie must overcome her fear of the slinky serpent so she can stand up to him and tell him he cannot have the Rhyme Bird's egg. Tip: Read <i>Goggles!</i> by Ezra Jack Keats.</p>
<p>329 A Storybook Ending While reliving the adventure of "Quetzal's Fabled Quest," the class learns to see things from others' perspectives. Tip: Look through magazines with your child for pictures of people's faces. Take turns guessing what the people are thinking and/or how they're feeling.</p>	<p>111 Four Little Pigs Zak and Wheezie want to play the wolf in "The Three Little Pigs," but Emmy takes the role instead. Tip: Read "The Three Little Pigs" with your child. Use different voices for various characters and act out some of the scenes.</p>
<p>101 Forest of Darkness In preparation for Quetzal's next challenge, Ord's friends show him different ways to overcome his fear of the dark. Tip: Ask your child to name something he is fearful about. Together, think of things he can do to ease his anxiety. Then try one out!</p>	<p>112 Zak and the Beanstalk The group teaches Mungus the Giant how to make his own music after he returns the Do-Re-Mi Birds. Tip: Make music with your child: Clap your hands, stomp your feet, and hum; then add simple instruments, such as a coffee can drum.</p>
<p>102 Dragon Tunes: Shake Let your spirit sail! Get up and shake your tail, move your feet, and shake your seat! Tip: Play some music and have fun shaking like the dragons! Afterward draw your child's attention to the changes in his heartbeat and breathing.</p>	<p>113 A Kite for Quetzal The group runs into trouble while gathering items for Quetzal's special kite. Tip: Decide on an art activity and the materials needed. Together, plan who will collect the materials and have fun creating!</p>
<p>103 Ord's Unhappy Birthday Ord is upset because no one will play with him, so Quetzal suggests he share his feelings with the others. Tip: Give your child construction paper, differently colored pens, glue, scraps of wrapping paper, etc., and have her make a birthday card for someone special.</p>	<p>114 Dragon Drop Emmy offers Zak and Wheezie advice for catching balls, such as "Keep your eye on the ball" and "Use both hands." Tip: Make a list of tips with your child to help her with a skill she's learning. Read it together before she begins practicing</p>
<p>104 Calling Dr. Zak The group helps Zak prepare for a visit to Dr. Booboogone. Tip: Have your child draw a picture of himself returning from a successful visit to the doctor. Help him write a description of how he felt about the visit, then display the picture prominently!</p>	<p>115 A Cool School Max and Emmy find some of the new dragon activities difficult to do, but wise Quetzal inspires them to keep trying. Tip: Read <i>Oops-A-Daisy</i> by Claire Freedman.</p>
<p>105 Pigment of Your Imagination While searching for paint, the group accidentally breaks a plate containing the map they need to find their way home. Tip: Spend time with your child putting together puzzles or playing a simple board game, such as "Chutes and Ladders."</p>	
<p>106 The Fury is Out on This One Max wants to send the mischievous Fury back to where he came from, but first he must learn to control his anger. Tip: Read <i>The Chocolate-Covered-Cookie Tantrum</i> by Deborah Blumenthal.</p>	