

Health Exam Checklist What and When to Test

	Pregnancy	Infants	2-5	6-11	12-17	18-24	25-39	40-59	60-74
History	X	X	X	X	X	X	X	X	X
Height/Weight	X	X	X	X	X	X	X	X	X
Hemoglobin*	X								
Urinalysis	X								
Vision		X	X	X	X	X	X	X	X
Hearing		X	X	X	X	X	X	X	X
Tuberculosis									
Physical Development		X	X	X	X				
Speech		X	X						
Thyroid Function*	X	X							
Childhood Immunizations		X	X		X	X			
Influenza Vaccine*								X	X
Pneumonia Vaccine									X
Blood Pressure	X		X	X	X	X	X	X	X
Scoliosis				X	X				
Cholesterol Level*						X	X	X	X
Breast Exam	X				X	X	X	X	X
Screening Mammogram							X	X	X
Pap Smear						X	X	X	X
Sexually Transmitted Diseases*									
Pelvic Exam	X					X	X	X	X
Rectal Exam	X					X	X	X	X
ECG*								X	
Blood Glucose Level*	X							X	X
Occult Blood in Stool								X	X
Amniocentesis (over 35, +/-)	X								
Rubella Screening	X								
RH & Blood Group Determination	X								

* Based upon personal and family history